SΛNGLIER

WELLNESS



treatment menu

2020

opening hours

Every day from 9am to 7pm. Nocturnal on Thursdays until 9 pm on reservation. Treatments from 10 am to 6:30 pm.

reservations

086 21 91 58 wellness@lpm.be

address

Rue du Comte Théodule d'Ursel 14, 6940 Durbuy

Wellness center

Our wellness centre, on the second floor of the hotel, is an intimate space adorned in wood and marble – a place to let your body and mind escape the outside world. The centre is open to both guests and non-guests, and can also be booked privately outside opening hours.

The wellness centre is divided into two sections: a Spa Area and a Beauty Area. In both cases, you can expect attentive, personalised service.

The Spa Area includes changing rooms, a steam room, a stream spa (hydrotherapy and chromotherapy), a sauna with panoramic views across the countryside to the rear of the hotel, an ice fountain, a thermal bath (ideal after the sauna), stimulating showers, a relaxation room, a lounge area with teas, herbal infusions and refreshments from our head chef Wout Bru and an outdoor jacuzzi on the terrace.

The Beauty Area, meanwhile, features three treatment rooms, each offering premium-branded facial and body treatments: Salin de Biosel natural cosmetics, which strike a nuanced balance between natural resources and advanced technology; Mesoestetic, the leading name in medical cosmetics known for its cutting-edge research and development; and Jane Iredale, a make-up range that harnesses the power of minerals, with high-quality ingredients that are kind to sensitive skin while delivering incredible staying power and a natural look. BODY CARE

Scrub with Sea salt and Thalassa oil wraps

Draining with vanilla fl ower, soothing with lemon blossom or energizing with cinnamon and orange blossom.

65€

Scrub with sugar cane

Soft touch with grains of sugarcane, soothing and relaxing thanks to the benefits of oriental tangerine and a hint of incense.

45€

Scrub with bamboo paste

This scrub transmits, softness and scent of bamboo wood. The skin regains its brilliance and splendor.

45€

Scrubs and wraps

Massages



Relaxing localized massage

Back-neck-head, legs, facial, scalp and feet

30' - 50€

Foot reflexology

This massage stimulates the body, by plantar pressures to facilitate the process of rebalancing and mental and emotional harmonization.

30'-50€

African

This massage is a real invita^{II} on to escape, a surprising massage that is both relaxing, invigorating and draining. Restores energy fl ow throughout the body by stimulating blockage points.

50'-90€

Extreme comfort

This massage is a source of appease-ment, a call to tranquility and well-being.

50'-90€

Oriental

This massage releases tensions by smoothly working the skin. You feel enveloped and soothed by the movements.

50'-90€

Future mom's massage

This massage offers the future Mother a time of tranquility and serenity to share with her baby. The massage relieves tension in the lower back, in the neck and the legs. A moment of sweetness and relaxation.

50'-90€

SOINS DU CORPS

Bamboo massage

This massage transmits the sof-tness and scent of bamboo wood to your skin. The body gets back in touch with exceptional sensations of well-being and lightness. The mind finds an extraordinary energy and vitality.

50'-90€

Hot stone massage

This relaxing massage combined with heat will give you a deep relaxation of the muscles. Drainage and elimination of toxins attenuates muscle pain, stiffness and "the cold of winter".

80' - 110€

Wei qi : "la nature à fleur de peau"

The Wei Qi ritual is an intimate relationship with nature, a nature "à fleur de peau", in the form of powders and milk applied following a fl uid and delicate massage able to awaken all your senses. A lightweight sheet of pure vegetable fi ber will wrap your body like a cradle of plants. The spirit, immersed in the fragrances and magic melodies of heavenly music, will regain serenity.

80' - 110€

Signature massage

This massage adapts to you and your needs. It provides a fantastic result, a psychic and physical well-being that pervades your whole being.

80' - 130€

Massages

SOINS VISAGE

Essential facial beauty care adapted to your skin type and your needs 50' - 90€

> Bright beauty Brilliance care

Lasting perfection Nourishing care

Bio-age Firmness and anti-aging care

Yin energy Sensitive and reactive skin care

> **Deep purity** Detox and purity care

Thermalism Moisturing comfort care

Luxury care + oligos elements and drainage 80' - 110€



ou can also benefit of additional care

Hand or feet beauty care **35€**

Refreshing eye care

Decongests, clears and visibly fades the eye area. $15 \in$

facial care treatmants

Génésis

Anti-Aging Treatment by Radiofrequency. (Visible results from the first session)

60' - 145€

6 treatments with free cream for home

6*60' - 850€

Mésopeel

Peels by Mesoestetic Renouvellement controlé de l'épiderme.

60' - 125€

Cosmelan

No. 1 in the world for professional depigmentation (pigment spots, pregnancy mask).

60' - 125€

Mesoéclat

Deep antioxidant treatment (depigmenting, antioxidant, moisturising treatment).

60' - 110€

Energy C

Radiance and detox treatment, ideal after sun exposure, smoking and stress.

60' - 110€

Collagen 360° Treatment that activates collagen synthesis; combats skin aging.

60' - 110€

Stemcell Deep and soothing regenerating treatment.

60' - 110€

Radiance Dna Global anti-aging lift treatment.

60' - 110€





MISES EN BEAUTÉ

Makeup advice and celebration day 45€

Beauty treatment **30€**

Semi-permanent nail polish with hydration of hands or feet $40 \in$

Semi-permanent nail polish 10€

> Hand or feet care 35€

> Medical pedicure **55€**

Eyelash enhancement by Misenlift gentle and discreet scent - multiple curls - exclusive treatment - not tested on animals

95€

Traditional waxing Eyebrows 10€ Upper lip 10€ Armpits 15€ Arms 20€ Half-legs 25€ Full legs 35€ Bikini 30€

General information

In order to enjoy your stay in the heart of our wellness center, Le Sanglier informs you :

Opening hours and access

Every day from 9.30 am to 7pm. Nocturne every thursday until 9 p.m. on reservation Treatments from 10h till 18h30. A bathing suit is compulsary in mixed spaces.

Reservation

At the reception of our spa : 086 21 91 58 or wellness@lpm.be Reservations are recommended in order to benefit from the schedule you want. For external clients, your card number will be asked when you make a reservation.

Gift cards

We have personnal invita \boxtimes ons that will give your guests the possibility to choose the moment of well-being they desire from our menu (gi \boxtimes cards are not refundable)

Responsability

'Le Sanglier' is not responsable for the loss of / damage to your valuable objects. We recommand to keep your belongings close to you.

Cancellation and refund policies

For every modification or cancellation of your appointment, please inform us 24 hours in advance. If not, you will be charged for the entire amont due.

Physical conditions and pregnant women

Our treatments and massages are rituals of well-being and relaxation without any therapeutic or medical out-come. If you are pregnant or if you suffer from medical issues (blood circulation troubles, allergies, asthma, skin disease), it is your responsability to inform our staff so they can dissuade you from getting a treatment. 'Le Sanglier' others an elaborated massage for futur and young mothers.

Access conditions and minimum age requirement

The minimum age to enter the spa is 14 years old.