



SANGLIER

WELLNESS

treatment menu

## **opening hours**

Every day from 9:30 am to 9.30 pm.

Treatments from 9:30 am to 6:30 pm.

Public wellness area and on privatization  
during the day and evening.

## **reservations**

086 21 91 58

[wellness@lpm.be](mailto:wellness@lpm.be)

## **address**

Rue du Comte Théodule d'Ursel 14

6940 Durbuy

## **website**

[www.sanglier-durbuy.be](http://www.sanglier-durbuy.be)

**Our wellness area is open to external customers**

# Wellness center

Our wellness center, on the second floor of the hotel, is an intimate space adorned in wood and marble – a place to let your body and mind escape the outside world. The center is open to both guests and non-guests.

The wellness center is divided into two sections: a Spa Area and a Beauty Area. In both cases, you can expect attentive, personalised service.

The Spa Area includes changing rooms, a steam room, a stream spa (hydrotherapy and chromotherapy), a sauna with panoramic views across the countryside to the rear of the hotel, an ice fountain, a thermal bath (ideal after the sauna), stimulating showers, a lounge area with teas, herbal infusions and refreshments from our head chef Wout Bru, an outdoor jacuzzi on the terrace and Zero Body, a meditation room on a water mattress.

The Beauty Area, meanwhile, features five treatment rooms, each offering premium-branded facial and body treatments: Salin de Biosel natural cosmetics, which strike a nuanced balance between natural resources and advanced technology; Mesoestetic, the leading name in medical cosmetics known for its cutting-edge research and development; and Jane Iredale, a make-up range that harnesses the power of minerals, with high-quality ingredients that are kind to sensitive skin while delivering incredible staying power and a natural look.



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## BODY SCRUBS

### **Scrub with sugar cane**

gentle, soothing and relaxing thanks to the benefits of sugar and oriental tangerine

**30' - 65€**

### **Scrub with gourmet bamboo paste**

skin is gently restored to its radiance and splendour

**30' - 65€**

### **Fleur de sel scrub and thalassa oil wrap**

- draining with vanilla flower
- soothing with lemon blossom
- energising with cinnamon and orange blossom

**60' - 80€**

The delight of soft skin and a relaxed body...

## BODY CARES

### **Relaxing localized massage**

- back, neck, head
- legs and feet
- back of the body

**30' - 65€**

### **Extreme comfort massage**

a source of peace, tranquillity and well-being

**50' - 105€**

### **Oriental massage**

releases tension through slow and enveloping movements

**50' - 105€**

### **African massage**

muscle-relaxing, toning and draining

**50' - 105€**

### **Future mom's massage**

a moment of connection between mother and baby

relieves tension in the lower back, neck and legs

**50' - 105€**

## BODY CARES

### ♥ **Sanglier signature massage**

delivers fantastic results, more than just psychological and physical well-being that permeates your whole body

**80' - 145€**

### **Hot stone massage**

provides deep muscle relaxation thanks to the warmth of the hot stones, encourages drainage and the elimination of toxins

back of the body **40' - 90€**

full body **80' - 145€**

### **Psammotherapy**

relaxing massage on our quartz sand tables,  
effective and soothing for muscular pains

**Exclusivity Sanglier des Ardennes**

**50' - 125€**

All our massages can be booked in single or duo cabins  
(except Psammotherapy)







## FACIAL CARES

### **Beauty facial for her**

adapted to your skin type and needs

**50' - 105€**

### **Beauty facial for him**

adapted to your skin type and needs

**50' - 105€**

### **Luxury care**

with oligos elements and drainage

**80' - 145€**



**SALIN de BIOSEL®**

New Rules of Beauty

**You can also benefit of a complementary  
treatment with your facial care**

### **Refreshing eye care**

Decongests, clears and visibly fades the eye area

**20€**

### **Skin care make-up**

make-up treatment adapted to your skin type

perfect glow in 3 steps

**25€**

## ANTI-AGEING FACIAL CARE

### ♥ **Age Element**

latest generation anti-aging treatments inspired by  
the most advanced medical and aesthetic technology

**80' - 165€**

### **Génésis face**

anti-Aging Treatment by radiofrequency.

(visible results from the first session)

**60' - 145€**

### **Génésis - 6 treatments (5 + 1 free)**

free cream adapted to your skin

**6x60' - 725€**

**mesoestetic®**



  
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## ANTI-AGEING FACIAL CARE

### **Kobi-do Massage**

More than a treatment, kobi-do is a genuine rejuvenation ritual that comes from the ancestral tradition of Japan.

It has both aesthetic and energetic benefits. This facial massage concentrates on the muscular areas of the face in a powerful but relaxing, almost choreographed gesture, where beauty and effectiveness of movement are combined to bring radiance, shapeliness and tone to the face.

Kobi-do encourages microcirculation of blood and lymph, releases muscular tension that deepens and marks the face, and boosts cellular exchanges by improving tissue oxygenation.

"Kobido is more than a massage, it's an art and a way of helping us to age better".

**75' - 165 €**







## EXCLUSIVE CARES

### **Self Love**

public access to the spa for 2h00  
localised massage of your choice 30'

**225€ / 2 pers.**

### **A family moment**

public access to the spa for 1 hour  
a relaxing facial and massage for you and your child 60'

**225€ / 2 pers.**

### **Walk in the Ardennes**

#### **Ideal for walkers**

public access to the spa for 2h00  
energising draining massage 50'  
phyto-mineral mud wrap 30'

**175€ / 1 pers.**









# Beauty cares

*jane iredale*  
THE SKINCARE MAKEUP®



## BEAUTY CARES

### Make-up advice

make-up treatment - natural highlighting of the glow, eyes and mouth

**45€**

### Special day & wedding make-up

**65 €**

### Hand and/or feet beauty care

**50' - 65€**

## **Tradictional waxing**

Eyebrows **20€**

Upper lips **20€**

Armpits **25€**

Arm **35€**

Half-legs **45€**

Full legs **65€**

Bikini **45€**

Full back or chest **45€**



## WELLNESS AREA

In the wellness area, you can enjoy the following facilities:

- Changing rooms,
- Hammam,
- Spa Stream (hydrotherapy + chromotherapy),
- Sauna with a panoramic view of the green back of the Sanglier,
- Ice fountain,
- Shower course that stimulates the body,
- Relaxation room,
- Herbal tea area with flavored waters and sweets concocted by Wout Bru,
- Outdoor Jacuzzi on the terrace,
- Meditation room.

**Public access 2h : 50€**

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Children up to 12      **25€**

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**Private access 2h :**

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1 pers.                      **110€**

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2 pers.                      **220€**

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4 pers.                      **360€**

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+1 pers.                    **35€**



In order to enjoy your stay in the heart of our wellness center, Le Sanglier informs you :

### **Opening hours and access**

Every day from **9:30 am to 9:30 pm.**

Treatments from **9:30 am to 6:30 pm.**

Access to the wellness center by privatizing it on reservation

The wellness area is **open to external customers.**

Our wellness centre is not suitable for PRMs.

### **Reservation**

By phone : **086 21 91 58**

or by email : **wellness@lpm.be**

Reservations are recommended in order to benefit from the schedule you want.

### **Gift cards**

We have personal invitations that will give your guests the possibility to choose the moment of well-being they desire from our menu (gift cards are not refundable).

### **Responsability**

Le Sanglier is not responsible for the loss of / damage to your valuable objects.

We recommend to keep your belongings close to you.

### **Cancellation and refund policies**

For every modification or cancellation of your appointment, please inform us 24 hours in advance. If not, you will be charged for the entire amount due.

Unfortunately, late arrivals cannot result in the treatment being extended and will be billed in full.

### **Physical conditions and pregnant women**

Our treatments and massages are rituals of well-being and relaxation without any therapeutic or medical outcome. If you are pregnant or if you suffer from medical issues (blood circulation troubles, allergies, asthma, skin disease), it is your responsibility to inform our staff so they can dissuade you from getting a treatment. Le Sanglier offers an elaborated massage for future and young mothers.